Junior Tennis Intern

Role summary

The intern role will allow you to play an active role within the University’s Tennis Development Programme. The role is diverse and you will be working closely with the Head of Tennis and University of Stirling Sport staff to develop your knowledge of tennis and your ability to work as part of a multi-disciplinary team.

The role will provide a supplementary development opportunity to enhance your employability skills, vital for leaving University.

What areas of work will you be involved in?

Starting with an LTA Level 1 coaching award you will have the opportunity to work through the award whilst being supported and mentored.

You will then gain insight into 4 strands of tennis development: Event Management, Competitions, Performance Sport and Coaching. Within each strand you will engage with the background planning, preparation and delivery of tennis at the University of Stirling. Our team will support you through the programme and allow you to develop areas of interest to you.

Benefits

- Gain experience relating to the practical skills and knowledge of providing tennis support to a range of abilities from junior to performance athletes.
- Expert advice and mentoring to develop your understanding of tennis
- Branded University of Stirling clothing
- Options to progress to Senior and Lead intern roles after successful completion within junior intern role
- Entry into Wimbledon ballot
- Payment towards PVG
- Reflective practice
- Gain transferable skills to enhance your employability

Duties and responsibilities

- Being part of a mentoring program and working with a team of interns, actively engaging in tennis events, coaching workshops and group meetings.
- Shadowing and supporting the coaching staff in session preparation and delivery
- A commitment of 3 hours per week shadowing and supporting coaching staff during tennis sessions
- Completion of a reflective log to continually reflect and evaluate on progress and experiences
- Delivery, review and evaluation of coaching tennis sessions
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Criteria

- First or second year undergraduate student
- Interest in sport with a specific interest in tennis with a focus on tennis coaching.
- Enrolment onto the Protecting Vulnerable Groups (PVG) scheme will be mandatory
- Motivated, well-organised students willing to learn and develop themselves
- Experience of volunteering in sport (desirable)
- Experience of playing tennis (desirable)

Next steps and application

For further information about the Tennis Internship, please contact either: graeme.clarkson@stir.ac.uk or playtennis@stir.ac.uk

or

Complete and return an application form by Friday 20 September. You will find an application form on the recruitment and volunteering section of the University website.

There will be an informal discussion/interview following the application. The Junior Intern role will then commence on Monday 30 September 2019.