I’m a qualified executive coach with more than 20 years experience working with leaders in senior, director and principal officer roles in complex, politically sensitive and risk critical environments. ILM Level 7 Diploma in Executive Coaching and Leadership Mentoring and a Postgraduate Diploma in Careers Guidance. Fellow of the Chartered Management Institute and registered with the British Psychological Society.

Specialist in:
• Leadership coaching programmes
• Promotion preparation
• Transition coaching

How I Work With My Clients

The coaching I do:
Challenges you to raise your aspirations of what you can achieve and supports you in transforming it into reality.
Enables you to generate new ideas, possibilities and solutions by challenging established thinking patterns and creating different perspectives.
Develops your strategic leadership capabilities, co-creates a different perspective and drives your career and organisation forward.

Leadership Coaching Programmes
For successful leaders who want to become outstanding strategic leaders.

Promotion Preparation
For individuals with potential for promotion within the next 12 months.

Transition Coaching
For maximising the effectiveness of people moving into new roles and organisations in the minimum amount of time.

empowering • energising • effective

“Fiona is extremely personable but is not afraid to be direct and to challenge. She had the unique skill of making me ask myself hard questions (and answer them). I firmly believe that my first 6 months in post would not have been so successful had Fiona not been my coach.”

Lesley Brown, Strategic Director, Education Scotland.