Alisoun Mackenzie

*The Compassionate Business Mentor, Author, Trainer & Coach*

Often described as one of the most authentic, inspiring and heart-centered business trainers you can learn from, Alisoun has 20 years experience of helping thousands of managers, leaders and business owners to succeed in business, with heart and integrity.

Alisoun’s specialty is to focus on helping individuals become the best person they were born to be, so they are best placed to succeed and to cope with life’s challenges. She explains how her Best-Selling book - Heartatitude, The 9 Principles of Heart-Centered Success.

In the workplace Alisoun often helps managers and leaders to:

- Develop an authentic leadership style that makes the most of their personality & talents
- Become a respected and effective manager
- Cultivate positive relationships (and eliminate conflict)
- Take more control and ownership of their careers
- Cope well with change and help others do the same
- Let go of stress, worries and anxieties
- Feel confident & be assertive
- Enjoy a healthy work-life balance

Alisoun offers a holistic approach to personal excellence and performance – offering clients a unique blend of interventions to suit their needs and preferences including mentoring, training, coaching, Neuro Linguistic Programming (NLP), EFT (tapping) and other transformational tools.

Prior to this Alisoun had a successful 20-year career in the investment industry – leading and managing high performing teams and mentoring others to do the same.

Alisoun is also a popular speaker, regularly does humanitarian work with genocide survivors in Rwanda (appearing in an award winning Hollywood produced film) and is an avid fundraiser.