NURSING (MENTAL HEALTH)

BSc / BSc (Hons)

ARE YOU STIRLING?
WHY STUDY MENTAL HEALTH NURSING?

Mental Health nursing is a challenging yet rewarding profession which allows its practitioners to establish strong therapeutic relationships with their clients.

As a student Mental Health nurse you will be undertake a vibrant, though-provoking and challenging academic course coupled with experiencing a wide range of practice learning experiences.

Our Mental Health degree is derived from the firm belief that mental health and well-being services must provide excellent services which respect the intrinsic value of people and their individuality. This philosophy is firmly held by all members of the course team and underpins the whole mental health course.

COURSE DETAILS

The BSc Nursing (Adult or Mental Health) course extends over three years and the BSc Honours Nursing (Adult or Mental Health) over four years. Each academic year runs over 45 weeks and has an equal balance of theoretical and practice learning. This contemporary and innovative course facilitates the achievement of competencies required for registration in the UK as a nurse within the Mental Health field of practice. It will help students develop the knowledge, skills, attitudes and values that are essential to deliver safe, compassionate, respectful, ethical and effective care in an evolving and dynamic health and social care environment.

Utilising a blended approach to learning, key subject areas studied include learning to learn, health, social and behavioural sciences, communication, ethics and essential caring skills. The course will include topics common to all areas of generic nursing and those specific to Adult or Mental Health nursing. This means that some classes will be shared whilst others will concentrate on your chosen field.

Assessments in both theory and practice will be undertaken in each semester. These require to be passed before progressing to the next semester.

REASONS TO CHOOSE THIS COURSE

1 AN AWARD-WINNING NURSING DEGREE
The University of Stirling has won nine Student Nursing Times Awards since 2012, including Educator of the Year in 2018.

2 PROFESSIONAL EXCELLENCE
Our nursing course received multiple commendations from the Nursing and Midwifery Council including for our close working relationships between practice partners.

3 GREAT CAREER PROSPECTS
More than 97% of our undergraduate leavers are in employment or further study within six months of graduating (Destinations of Leavers from Higher Education survey 2016/17).

TOP 5 IN SCOTLAND FOR NURSING

The Guardian University Guide 2019
PRACTICE LEARNING EXPERIENCES
Practice learning forms an integral aspect of the course. A diverse range of practice placements are available, from community settings and care homes to acute hospital wards and specialist areas. Students may work both day and night shifts to coincide with the patterns of the area and their allocated practice mentor.

“I chose to study Mental Health Nursing after being inspired by my mum who often spoke about nursing as a rewarding career with endless opportunities. I wanted to be able to make a positive impact by caring for and acting as an advocate for patients during periods of ill health, and to also ultimately work towards changing societal attitudes of mental health.

The course itself included an equal balance of theory and clinical practice. The supportive and knowledgeable staff not only taught us the foundations of nursing care, but also fundamental aspects of mental health, provided extensive skills training sessions, and developed our critical and reflective thinking skills.”

Ceire Casey, BSc Nursing (Mental Health)

CAREER OPPORTUNITIES
Usually our graduates consolidate their learning initially by working, for example, in a hospital, community or third sector setting. They will progress to more senior positions or diversify into specialist nursing roles through undertaking further postgraduate studies.

Some examples of the roles our graduates hold within the health and social care sector include:

- Staff nurses working in multi-disciplinary teams such as drug and alcohol, child and adolescent and forensic support service
- Community mental health nurses working with families, vulnerable groups and other health and social care agencies
- Practitioner roles in a range of third sector and voluntary agency organisations

Senior career opportunities include:

- Advanced nurse practitioners
- Senior charge nurses
- Nurse educators
- Clinical researchers
- Nurse Consultants

MENTAL HEALTH

MINIMUM REQUIREMENTS

THREE-YEAR DEGREE
UCAS CODE: B760
stir.ac.uk/16n
SQA Highers: BBB
GCE A-levels: CCC
IB Diploma: 28
BTEC (Level 3): MMM

FOUR-YEAR DEGREE
UCAS CODE: B770
stir.ac.uk/1b0
SQA Highers: BBBB
GCE A-levels: BBC
IB Diploma: 32

OTHER QUALIFICATIONS
Scottish HNC/HND: Minimum entry: Bs in graded units
One of Higher/A Level or equivalent in Biology, Chemistry, Physics or Mathematics

ADDITIONAL INFORMATION
General entry requirements apply.
Please visit: http://stir.ac.uk/av
Mathematics Standard Grade (3), National 5 (C), Intermediate 2 (C), GCSE (C/4) or equivalent required.

English Standard Grade (3), National 5 (C), GCSE (C/4), or equivalent required.

STUDY ABROAD OPTIONS AVAILABLE
### TYPICAL TIMETABLE

#### Year 1 (SCQF Level 7)

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>Credits</th>
<th>Semester 2</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learning to Learn for Nurses</td>
<td>10</td>
<td>Health Sciences for Nursing</td>
<td>20</td>
</tr>
<tr>
<td>Perspectives of Health and Wellbeing</td>
<td>10</td>
<td>Foundations in Nursing Practice 2</td>
<td>20</td>
</tr>
<tr>
<td>Foundations in Nursing Practice 1</td>
<td>20</td>
<td>Communities of Practice 2 (9 week placement)</td>
<td>20</td>
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<tr>
<td>Communities of Practice 1 (7 week placement)</td>
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#### Year 2 (SCQF Level 8)

<table>
<thead>
<tr>
<th>Semester 3</th>
<th>Credits</th>
<th>Semester 4</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Legal and Ethical Issues in Health and Social Care</td>
<td>20</td>
<td>Prioritising People: Promoting Health and Wellbeing</td>
<td>20</td>
</tr>
<tr>
<td>Alterations in Health and Implications for Mental Health Nursing Care 1</td>
<td>20</td>
<td>Alterations in Health and Implications for Mental Health Nursing Care 2</td>
<td>20</td>
</tr>
<tr>
<td>Communities of Practice 3 (10 week placement)</td>
<td>20</td>
<td>Communities of Practice 4 (10 week placement)</td>
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#### Year 3 (SCQF Level 9)

<table>
<thead>
<tr>
<th>Semester 5</th>
<th>Credits</th>
<th>Semester 6</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Leadership and Management in Health and Social Care</td>
<td>20</td>
<td>Transitions to Professional Practice</td>
<td>20</td>
</tr>
<tr>
<td>Managing Complexity in Mental Health Nursing Practice 1</td>
<td>20</td>
<td>Managing Complexity in Mental Health Nursing Practice 2</td>
<td>20</td>
</tr>
<tr>
<td>Communities of Practice 5 (12 week placement)</td>
<td>20</td>
<td>*Communities of Practice 6 (13.6 week placement)</td>
<td>20</td>
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<td></td>
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<td>ERASMUS European study abroad placement (3 months) (Honours course only)</td>
<td>20</td>
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#### Year 4 (SCQF Level 10)

<table>
<thead>
<tr>
<th>Semester 7</th>
<th>Credits</th>
<th>Semester 8</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Evidence and Policy in Health</td>
<td>20</td>
<td>Honours Dissertation</td>
<td>60</td>
</tr>
<tr>
<td>Personal and Professional Development in Action</td>
<td>20</td>
<td>* Communities of Practice 6 (13.6 week placement)</td>
<td>20</td>
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* Note: In Communities of Practice 6 (SHSUCP6) students achieve the final practice OAR “Sign-Off”. For students undertaking the Honours course this will fall in Semester Eight.

Modules correct at the time of print

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