MATERNAL & INFANT MENTAL HEALTH IN SCOTLAND: CALL TO ACTION

THE TEMPLETON MEETING

NATIONAL LEADERSHIP

Clear commitment & timeline to deliver **National Leadership of specialist PMH*** services across Scotland

Money received from UK Government for PMH* **must be ring-fenced for PMH* in Scotland**

A national managed clinical network for PMH*

Local multi-professional **PMH* networks should be established in each NHS Board area** to share skills

LOCAL SERVICE DEVELOPMENT

Specialist community PMH* services in every NHS Board area

Improved provision for **mothers to be admitted with their babies to a specialist** Mother & Baby Unit

New Integration Joint Boards must make perinatal & infant mental health a priority

INFANT MENTAL HEALTH

Specialist CAMHS-Infant Mental Health Teams** in every area

EDUCATION AND RESEARCH

All staff must be **appropriately trained** to detect PMH*

Robust evaluations and evidence of what works **to improve maternal and infant mental health**

*PMH: Perinatal Mental Health
**CAMHS: Child and Adolescent Mental Health Services

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