WEEKLY MENU 1

EACH DISH WILL BE SERVED WITH RICE OR NOODLES

MONDAY
Beef Rogan Josh & Roasted Aloo Gobi Curry

THAI TUESDAY
Red Thai Chicken Curry & Green Thai Vegetable Curry

WEDNESDAY
Sweet And Sour Pork & Mixed Vegetable Kung Pao

THURSDAY
Beef Rendang & Sweet Potato, Broccoli And Coconut Malaysian Curry

FRIDAY
Chicken Tikka Marsala & Tofu And Spinach Malaysian Curry
WEEKLY MENU 2

EACH DISH WILL BE SERVED WITH RICE OR NOODLES

MONDAY
Spicy Szechuan Pork & Tofu & Mixed Vegetable Sate

THAI TUESDAY
Green Thai Chicken Curry & Red Thai Vegetable Curry

WEDNESDAY
Beef And Black Bean & Mixed Vegetable Sweet And Sour

THURSDAY
Chicken Pasanda & Butternut Squash And Chick Pea Tikka

FRIDAY
Pork Chilli And Chickpea & Potato And Lentil Tarka Dahl
BOXED HOT LIGHT BITES:

Small Asian shredded vegetables – Cabbage, carrot, Chinese leaves. Sesame and soy dressing as a base then add:

- Sticky Honey, Ginger And Sesame Wings Aprox 6 Pieces  £3.50
- Slow Cooked Teriyaki Glazed Pork Ribs Aprox 6 Pieces  £3.75
- Bao Bun Filled With Hoisin Pulled Pork X 2 Pieces  £3.75
- Gyoza Dumplings & Dip  £3.25

NOODLE OR RICE SALADS FOR THE FRIDGE:

- Sweet Chilli Charred Broccoli And Roast Cashew Nut  £2.75
- 5 Spiced Sweet Potato Salad Dressed With Salty Teriyaki Sauce  £3.00
- Roast Salmon Mixed Leaves With A Lemongrass And Ginger Dressing  £3.50
- Chicken Sate Served With Ribbons Of Pickled Vegetables  £3.50

PHO SOUPS FOR THE FRIDGE:

- Rokamamas Asian Broth  £2.50
- Noodles, Shredded Veg And Coriander  £2.50
- Chicken & Sweetcorn Noodle  £2.50