



## **WEEKLY MENU 1**

**EACH DISH WILL BE SERVED WITH RICE OR NOODLES**

### **MONDAY**

Beef Rogan Josh & Roasted Aloo Gobi Curry

### **THAI TUESDAY**

Red Thai Chicken Curry & Green Thai Vegetable Curry

### **WEDNESDAY**

Sweet And Sour Pork & Mixed Vegetable Kung Pao

### **THURSDAY**

Beef Rendang & Sweet Potato, Broccoli And Coconut  
Malaysian Curry

### **FRIDAY**

Chicken Tikka Marsala & Tofu And Spinach Malaysian Curry



## **WEEKLY MENU 2**

**EACH DISH WILL BE SERVED WITH RICE OR NOODLES**

### **MONDAY**

Spicy Szechuan Pork & Tofu & Mixed Vegetable Sate

### **THAI TUESDAY**

Green Thai Chicken Curry & Red Thai Vegetable Curry

### **WEDNESDAY**

Beef And Black Bean & Mixed Vegetable Sweet And Sour

### **THURSDAY**

Chicken Pasanda & Butternut Squash And Chick Pea Tikka

### **FRIDAY**

Pork Chilli And Chickpea & Potato And Lentil Tarka Dahl



## **BOXED HOT LIGHT BITES:**

**Small Asian shredded vegetables – Cabbage, carrot, Chinese leaves. Sesame and soy dressing as a base then add:**

Sticky Honey, Ginger And Sesame Wings Aprox 6 Pieces	£3.50
Slow Cooked Teriyaki Glazed Pork Ribs Aprox 6 Pieces	£3.75
Bao Bun Filled With Hoisin Pulled Pork X 2 Pieces	£3.75
Gyoza Dumplings & Dip	£3.25

## **NOODLE OR RICE SALADS FOR THE FRIDGE:**

Sweet Chilli Charred Broccoli And Roast Cashew Nut	£2.75
5 Spiced Sweet Potato Salad Dressed With Salty Teriyaki Sauce	£3.00
Roast Salmon Mixed Leaves With A Lemongrass And Ginger Dressing	£3.50
Chicken Sate Served With Ribbons Of Pickled Vegetables	£3.50

## **PHO SOUPS FOR THE FRIDGE:**

Rokamamas Asian Broth	£2.50
Noodles, Shredded Veg And Coriander	£2.50
Chicken & Sweetcorn Noodle	£2.50