ARE YOU STIRLING?

APPLICANT DAY

SATURDAY 13 APRIL 2019, 8.30AM-3.00PM

#STIRAPPLICANTDAY
THIS IS STIRLING

1ST IN SCOTLAND
2ND IN THE UK
FOR GOOD CAMPUS ENVIRONMENT

Times Higher Education Student Experience Survey 2018.
Welcome

I am delighted you are considering coming to study at Stirling. You have applied to a university where everyone is treated with respect, and where ability - not background - is valued above all else.

We take pride in offering our students an education informed by innovation and excellence, an inspiring academic experience and a living and learning environment that is second to none.

At Stirling, we are committed to making a positive difference in the world and our focus is on helping students achieve their full potential, giving them the best possible start in life as a graduate.

Now that you have an offer to study with us, this is your chance to learn more about your chosen course and get a taste of what life as a Stirling student is like.

I encourage you to ask lots of questions and get to know our beautiful campus. Everything you need is within a few minutes’ walk – from our diverse catering outlets, spacious accommodation and excellent sports facilities, to our on-campus theatre, art-house cinema and a wide variety of clubs and societies.

Student representatives, lecturers, student support staff and members of the Students’ Union are on hand throughout the day to offer you an insight into life at Stirling and help you feel at home here.

Enjoy your visit - and I look forward to seeing you back on our campus soon.

Professor Gerry McCormac
Principal and Vice-Chancellor

Contents

Please check-in at our registration desk in the Atrium, Andrew Miller Building, to collect your Applicant Day pack. Our registration desk is open from 8.30am until 3.00pm.

There are presentations throughout the day, which range from subject-specific talks, mock lectures and student-led sessions, to information about general aspects of life as a student.

In addition, each subject area has an Academic Showroom where you can drop in at any time between 9.30am–3.00pm. You’ll meet lecturers, tutors and current students to discuss your course in detail.

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THINGS TO KNOW

NEED HELP?
Speak to our friendly Help Desk staff in the Atrium. Our team of Student Ambassadors are also happy to help, and can tell you all about student life at Stirling.

CAMPUS TOURS
Our campus, accommodation and sports tours are essential for all visitors to the University. Our 330-acre campus isn’t just a gorgeous place to call home – we are 2nd in the UK for campus environment¹. For more information on campus tours, see page 4.

ARE YOU HUNGRY?
With so much going on and so much information to take in, don’t forget to take time out and get a bite to eat. For more information on our cafés and restaurants, see page 16.

STAY CONNECTED
Join our free Wi-Fi network in three easy steps:
1. Connect to ‘UoS Guest Wi-Fi’
2. Open your web browser
3. Follow the on-screen instructions
You’re connected! Your device will log you in automatically for at least 90 days. For support, contact Keysurf on 0300 103 0861.

MEET YOUR NEW FAMILY
Are you ready to connect with other offer holders and meet new friends? You don’t have to wait until September. Join our exclusive Offer Holders Facebook Group today and dive into group chats, voice your opinion in polls, land tips from current students and get advice about accommodation, societies, life on campus and more.

JOIN THE GROUP: STIR.AC.UK/29Y

LET’S GET SOCIAL
University of Stirling
@StirUni
@universityofstirling
UniversityOfStirling

Applicant Day is a public event and an official photographer and filmmaker will be present. The material may be used by the University for marketing and publicity in our publications, website, social media or in any third party publication. If you wish to be exempted from this activity then please make the photographer and filmmaker aware.

¹ Times Higher Education Student Experience Survey 2018
**REGISTRATION AND INFORMATION STANDS**
**(8.30AM - 3.00PM)**

**Check-in and Help Desk**
Check-in here and pick up a copy of our Applicant Day programme.

**Accommodation Zone**
All you need to know about our student accommodation.

**Admissions and Applicant Advice**
Advice on qualifications, offers or applying to the University of Stirling.

**Careers and Employability Service**
Tips and advice about preparing yourself for life after University.

**Catering**
Speak to representatives from the University’s main catering provider, BaxterStorey.

**College and Mature Student Advisers**
If you are a mature student, at college or are thinking of going to college first, speak to a member of our team to discuss all the options and support available.

**Macrobert Arts Centre**
Our cultural hub offers a cinema programme as well as a fantastic range of live performances, from comedy to dance, and drama to music.

**New Developments Showcase**
Find out about our Campus Central and sports complex development projects worth £41 million.

**Student Awards Agency for Scotland (SAAS)**
An opportunity for Scottish and EU Students to discuss student finance with a representative of the Student Awards Agency for Scotland.

**Santander**
Find out how Stirling students can benefit from Santander funding opportunities.

**Sport at Stirling**
All you need to know about playing sport and being active at Scotland’s University for Sporting Excellence.

**Stirling Venues**
Our 100 bedroom Stirling Court Hotel is located on campus. It’s the perfect choice for friends and family visiting during term time.

**Student Support Services**
Help and assistance with student money advice, disability support, counselling and wellbeing.

**Students’ Union Zone**
Speak to our Students’ Union representatives to find out about our clubs, societies, support and much more.

**Study Abroad**
Most of our degrees also offer the opportunity to study abroad.

**UK and International Student Enquiries**
For students from outside Scotland who would like specific advice on scholarships, tuition fees, visas and much more.
Why not explore the campus on our Student Ambassador-led tours? There’s no need to book a place in advance – just turn up at the tour collection point.

For information on subject tours, please see the subject information on pages 9-11.

<table>
<thead>
<tr>
<th>TOUR TITLE</th>
<th>DESCRIPTION</th>
<th>DURATION</th>
<th>TIME</th>
<th>COLLECTION POINT</th>
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</thead>
<tbody>
<tr>
<td>Campus Tour</td>
<td>This tour begins and ends at the Atrium, taking you around our stunning campus. You will walk past our main academic buildings, sports facilities and lochside student accommodation. This tour includes a stop at the Pathfoot Building and at student accommodation.</td>
<td>60 minutes</td>
<td>Tours will depart every 30 minutes. The first tour departs at 8.30am. The last tour departs at 3pm.</td>
<td>The Atrium, Andrew Miller Building.</td>
</tr>
</tbody>
</table>
| Sport            | As Scotland’s University for Sporting Excellence, you can explore our state-of-the-art facilities with our Sports Centre staff. You don’t need to study sport to make use of the facilities. | 30 minutes | Tours will depart every 30 minutes. The first tour departs at 9.50am. The last tour departs at 2.20pm. | Tours depart from the Sports Centre reception*.
| Accommodation    | This tour is essential for those who will be moving away from home to attend university. You’ll explore a range of accommodation on offer. | 30 minutes | Tours will take place throughout the day. The last tour departs at 3.00pm. | Tours depart from the courtyard outside Willow Court accommodation. (See map on page 12) |

Interested in living on campus?
Check out our accommodation and facilities. More information on page 13.

*Exciting Sports Centre redevelopments are underway. Information about our temporary facilities and access routes can be found at: stir.ac.uk/1nl
**COTTRELL BUILDING**

Academic Showroom locations
1. 4U* - Biological Sciences, Environmental Sciences, Geography
2. 2A91 - Nursing
3. 2A73 - Psychology
4. 2X6 - Sport
5. 2X4 - Criminology, Sociology, Social Policy
6. 2A19 - Social Work
7. 2A13 - Accounting and Finance, Economics; Management, Work and Organisation; Retail and Marketing; Sport Business Management and Sustainable Events Management
8. 2A9 and 2A11 - Primary Education and Secondary Education
9. 2A1 - Computing, Mathematics

*this room is located on Floor 4.

**PATHFOOT BUILDING**

Academic Showroom locations
- Aquaculture, Marine Biology
- Pathfoot Dining Room: Digital Media, English, Film and Media, History, International Management, Journalism, Languages, Law, Philosophy, Politics, Religion

Lecture Theatres
- Logie Lecture Theatre
- MacRobert Arts Centre

Tour Collection Points
- Meeting point for production facility tours (Film and Media, Digital Media and Journalism)
- The Pod coffee shop

Presentations and other activities
- Pathfoot Lecture Theatre
- Crush Hall
- D1, D3
- Lift access
- Front Entrance
- Rear Entrance
- MacRobert Arts Centre (ground level)
GENERAL INFORMATION PRESENTATIONS

Remember to check-in at the Atrium on arrival and collect a copy of the Applicant Day programme. Join our general information talks and visit our information stands in the Atrium to find out about accommodation, finance, student life and more. Remember to give yourself time to get to each of your chosen presentations.

Please see page 7 for detailed information about our presentations.
Welcome to Stirling
Practical information to help you make the most of your day. Find out more about studying at the University of Stirling, including information on course structures, University facilities and support for students.

Accommodation and Student Support Services
All you need to know about applying for University accommodation, what's included and budgeting for your catering needs. We'll also introduce you to the support available for students with accessibility issues and services such as counselling and wellbeing advice.

Careers and Employability Service
Begin with the end in mind. We can help you explore options, develop skills, find internships and part-time work, helping you make the most of your time at university.

Parents’ and Guardians’ Survival Guide to University
Going to university is an exciting time for students… but what about the parents and guardians? We’ll provide you with helpful information, as well as tips to help you support your son/daughter through the application process.

SAAS – Student Finance (Scottish and EU students)
An opportunity to find out more about student finance from a representative of the Student Awards Agency for Scotland (SAAS). This session is for Scottish and EU domiciled students.

Sport at the University
All you need to know about our fantastic sports facilities and opportunities to participate in sport at Stirling, Scotland's University for Sporting Excellence.

Study Abroad
Almost all degree courses allow students to study at one of the University’s international exchange partners. Find out which exciting countries you could visit and information on how to arrange your exchange. (Not applicable for Social Work and Teaching Qualification in Further Education)

Student Finance (UK students, outside Scotland)
Find out more about the cost of studying in Scotland, the support available and the financial benefits of a Scottish degree. This session is for students who are domiciled in England, Wales and Northern Ireland.

Student Life
Find out from our current students what it's really like to live, work and study here.

PRESENTATION INFORMATION

NEED DIRECTIONS?
Find your venues on our maps on pages 5 and 12. Alternatively, speak to one of our student ambassadors or a member of staff. We're happy to help!
Find out more about the academic subjects that interest you by visiting our Academic Showrooms, attending our presentations and tours, and taking part in other activities.

Information on presentation times, venues and academic tours is shown below. Remember to give yourself time to get to each of your chosen presentations.

Subject specific tours and Academic Showroom venues are on pages 9-11.

<table>
<thead>
<tr>
<th>TIME</th>
<th>SUBJECT PRESENTATION</th>
<th>VENUE</th>
<th>COTTRELL BUILDING</th>
<th>PATHFOOT BUILDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.30am – 11.15am</td>
<td>Primary Education, Secondary Education</td>
<td>LECTURE THEATRE A3</td>
<td>MacRobert Arts Centre</td>
<td>COTTRELL BUILDING</td>
</tr>
<tr>
<td></td>
<td>Includes information on courses taught in conjunction with Forth Valley College.</td>
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</tr>
<tr>
<td>11.30am – 12.15pm</td>
<td>Sports Studies, Accounting and Finance</td>
<td>LECTURE THEATRE A6</td>
<td>Pathfoot Building</td>
<td>PATHFOOT BUILDING</td>
</tr>
<tr>
<td>12.30pm – 1.15pm</td>
<td>Criminology, Sociology and Social Policy</td>
<td>LECTURE THEATRE A4</td>
<td>MacRobert Arts Centre</td>
<td>COTTRELL BUILDING</td>
</tr>
<tr>
<td>1.30pm – 2.15pm</td>
<td>Biological Sciences (including Animal Biology, Applied Biology, Biology, Cell Biology, Conservation Biology and Management, and Ecology)</td>
<td>LECTURE THEATRE A1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.30pm – 3.15pm</td>
<td>Psychology</td>
<td>LECTURE THEATRE A2</td>
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</tbody>
</table>

* Includes information on courses taught in conjunction with Forth Valley College.
* Attend the Primary Education presentation for Primary Science and Secondary Education presentation for Engineering Technologies, Chemistry and Physics.
Our Academic Showrooms are open from 9.30am – 3.00pm. All activities, tour times and venues are provided below.

* Please note that as places are limited at these events, priority will be given to applicants.

### Accounting and/or Finance
**Academic Showroom:** Room 2A13, Cottrell Building
**Making the most of my student journey:** * 
Student stories about improving career prospects through internships, study abroad and volunteering. Sessions are repeated:
11.30am – 12.10pm and 12.30 – 1.10pm
**Lecture Theatre W1, Cottrell Building**

### Biological Sciences (including Animal Biology, Applied Biological Sciences, Biology, Cell Biology, Conservation Biology and Management and Ecology)
**Academic Showroom:** Room 4U5, Cottrell Building
**Tour:** * After the talk, join us for a tour of our research and teaching laboratories.

### Computing (including Applied Computing)
**Academic Showroom:** Room 2A1, Cottrell Building
**Refreshments:** Computing applicants are invited to join us for refreshments in room 4B96 at 12.15pm.

### Criminology, Sociology and Social Policy
**Academic Showroom:** Room 2X4, Cottrell Building
**Criminology mock lecture:** 1.30 – 2.15pm, Lecture Theatre B3, Cottrell Building

### Aquaculture
**Academic Showroom:** Room K12 – 14, Pathfoot Building
**Tour:** Join us for a tour of our teaching facilities and study spaces. Tours depart from room H5 in the Pathfoot Building straight after the presentation.

### Digital Media
**Academic Showroom:** Pathfoot Dining Room, Pathfoot Building
**Tours:** Join us for a tour of our production facilities. Each tour lasts 30 minutes and departs from the Crush Hall, Pathfoot Building. For further information and to book a place on a tour, please visit our Academic Showroom.
**11.30am:** Production facility tour
**1.30pm:** Production facility tour
**Screening of student work plus Q&A session:** * 12.30 – 1.15pm, Room D1, Pathfoot Building
**Economics**
Academic Showroom: Room 2A13, Cottrell Building
Making the most of my student journey: *
Student stories about improving career prospects through internships, study abroad and volunteering. Sessions are repeated:
11.30am – 12.10pm and 12.30 – 1.10pm
Lecture Theatre W1, Cottrell Building

**Film and Media**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Tours: Join us for a tour of our production facilities. Each tour lasts 30 minutes and departs from the Crush Hall, Pathfoot Building. For further information and to book a place on a tour, please visit our Academic Showroom.
11.30am: Production facility tour
1.30pm: Production facility tour
Screening of student work plus Q&A session: * 12.30 – 1.15pm,
Room D1, Pathfoot Building

**History (including Heritage and Tourism)**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Mock lecture: * 1.30 – 2.15pm,
Room D1, Pathfoot Building

**Languages**
Please see the individual subject listings for French and Spanish.

**English**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Student-led Q&A Session: *
12.30 – 1.15pm, Room D3, Pathfoot Building

**Environmental Sciences (including Environmental Science and Outdoor Education)**
Academic Showroom: Room 4U5, Cottrell Building
Tour: * After the talk, join us for a tour of our research and teaching laboratories.

**French**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Student-led Q&A session: *
1.30 – 2.15pm,
Room D3, Pathfoot Building

**Geography (including Environmental Geography and Outdoor Education)**
Academic Showroom: Room 4U5, Cottrell Building
Tour: * After the talk, join us for a tour of our research and teaching laboratories.

**International Management Studies with European Languages and Society (IMELS)**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Student-led Q&A session: *
1.30 – 2.15pm,
Room D3, Pathfoot Building

**Law**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Student-led legal debate: *
11.30am – 12.05pm,
Room D3, Pathfoot Building

Academic Showroom: Room 2A13, Cottrell Building
Making the most of my student journey: *
Student stories about improving career prospects through internships, study abroad and volunteering. Sessions are repeated:
11.30am – 12.10pm and 12.30 – 1.10pm
Lecture Theatre W1, Cottrell Building

**Journalism**
Academic Showroom: Pathfoot Dining Room, Pathfoot Building
Tour: Join us for a tour of our production facilities. Each tour lasts 30 minutes and departs from the Crush Hall, Pathfoot Building. For further information and to book a place on a tour, please visit the Academic Showroom.
11.30am: Production facility tour
1.30pm: Production facility tour
Screening of student work plus Q&A session: * 12.30 – 1.15pm,
Room D1, Pathfoot Building
Marine Biology
Academic Showroom:
Room K12 – 14, Pathfoot Building
Tour: Join us for a tour of our teaching facilities and study spaces. Tours depart from room H5 in the Pathfoot Building straight after the presentation.

Marketing, Retail Marketing
Academic Showroom:
Room 2A13, Cottrell Building
Making the most of my student journey: *
Student stories about improving career prospects through internships, study abroad and volunteering. Sessions are repeated:
11.30am – 12.10pm and
12.30 – 1.10pm
Lecture Theatre W1, Cottrell Building

Mathematics
Academic Showroom:
Room 2A1, Cottrell Building
Refreshments: Mathematics applicants are invited to join us for refreshments in room 4B108 at 1.15pm.
Mock lecture: * 2.30 – 3.15pm,
Lecture Theatre B3, Cottrell Building

Philosophy
Academic Showroom:
Pathfoot Dining Room, Pathfoot Building

Politics
Academic Showroom:
Pathfoot Dining Room, Pathfoot Building

Primary Education
Academic Showroom:
Room 2A9, Cottrell Building
Education mock lecture:
11.30am – 12.15pm,
Lecture Theatre A6, Cottrell Building

Psychology
Academic Showroom:
Room 2A73, Cottrell Building
Tours: Explore our Psychology laboratories with guided tours leaving from our Academic Showroom throughout the day.

Religion
Academic Showroom:
Pathfoot Dining Room, Pathfoot Building
Student-led Q&A session: *
1.30 – 2.15pm,
Room SC2, Pathfoot Building

Nursing
Academic Showroom:
Room 2A91, Cottrell Building
Tours: Join us for a short tour of our nursing facilities. Tours depart throughout the day from Room 2A91, Cottrell Building.

Secondary Education
Academic Showroom:
Room 2A11, Cottrell Building
Education mock lecture:
11.30am – 12.15pm,
Lecture Theatre A6, Cottrell Building

Social Work
Academic Showroom:
Room 2A19, Cottrell Building

Spanish
Academic Showroom:
Pathfoot Dining Room, Pathfoot Building
Student-led Q&A session: *
12.30 – 1.15pm,
Room SC2, Pathfoot Building

Sport Business Management and Sustainable Events Management
Academic Showroom:
Room 2A13, Cottrell Building
Making the most of my student journey: *
Student stories about improving career prospects through internships, study abroad and volunteering. Sessions are repeated:
11.30am – 12.10pm and
12.30 – 1.10pm
Lecture Theatre W1, Cottrell Building

Sports Studies
Academic Showroom:
Room 2X6, Cottrell Building

NEED DIRECTIONS?
Find your venues on our maps on pages 5 and 12. Alternatively, speak to one of our student ambassadors or a member of staff. We’re happy to help!
**LIFE AT STIRLING**

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<tr>
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</thead>
<tbody>
<tr>
<td>Accommodation</td>
<td>This tour is essential for those who will be moving away from home to attend university. You'll explore a range of the different types of accommodation on offer.</td>
<td>30 minutes</td>
<td>Tours will take place throughout the day; the last tour departs at 3.00pm.</td>
<td>Tours depart from the courtyard outside Willow Court accommodation. See page 12 for location.</td>
</tr>
</tbody>
</table>

**ACCOMMODATION**

The University of Stirling is pleased to offer students a variety of accommodation types, locations and price ranges to suit everyone's needs and budgets. All rooms are single rooms and will be provided with either a single or 3/4 sized bed dependent on the allocated property.

If you have specific accommodation needs, let us know as soon as possible so that we can help.

**Accommodation Guarantee**

We will guarantee you an offer of University-managed accommodation in your first year of study if you meet the eligibility criteria. All you need to do is confirm your place at Stirling and apply for accommodation by the advertised date.

*Please check online for eligibility criteria.

**How to apply**

Our online application booking system for new students will open in April 2019. The accommodation booking system will be open to students who have either a conditional or unconditional offer of a place to study in September 2019.

**NEED DIRECTIONS?**

Our maps can be found on pages 5 and 12. Alternatively, speak to a Student Ambassador or a member of staff. **We're happy to help.**

The accommodation rents in 2019/20 will be:

**New undergraduates on 38-week contracts:**

- **Polwarth House:** £3,192 (£84/week)
- **Fraser of Allander/Donnelly/Muirhead:** £3,626 (£95.42/week)
- **Andrew Stewart Hall (Ensuite):** £4,951 (£130.30/week)
- **Juniper/Willow Court (Ensuite):** £5,809 (£152.86/week)
- **Alexander Court:** £3,760 (£98.94/week)

**New nurses on 45-week contracts:**

- **John Forty's Court (Standard):** £4,218 (£93.73/week)
- **John Forty's Court (Ensuite):** £5,717 (£127.05/week)

**What's included in the rent?**

- Heating, lighting and electricity
- Wi-Fi
- Room and contents insurance
- Bedding and bedlinen
- Housekeeping assistance
- 24/7 staff assistance

**Additional information**

- All individual single bedrooms
- All properties are self-catering
- On-site laundry facilities (card operated)
- Drinks and confectionery vending machines are available

**Social**

- Refresh serves brasserie style food within Willow Court.
- Andrew Stewart Hall, Juniper Court and John Forty's Court have a games room and social space with pool tables and/or table tennis.
- Accommodation with TV in lounge areas are covered by a TV licence.

*If you have a TV in your bedroom you are responsible for ensuring you purchase the correct licence.

**Transport**

- Bicycle storage
- Nextbike cycle hire
- Frequent bus services between the campus and City Centre
STIRLING: ALIVE WITH SCOTLAND

In Stirling, you can find all that’s good about Scotland – vibrancy, history, energy and a wealth of opportunities. The City of Stirling combines the charm of a historic destination with the buzz of a contemporary city. There truly is something for everyone, and much of it’s aimed directly at students.

In Stirling, you will find a land shaped by historic battles and legendary warriors. Where castles aren’t works of fiction - but living, breathing monuments to a proud history. Hundreds of years ago, Stirling attracted some of Scotland’s greatest heroes, from William Wallace to Robert the Bruce. Today, Stirling attracts some of the world’s greatest DJ’s, from Slam to Gary Beck, with much more planned in 2019.

Seamlessly blending in with the City’s rich history is Stirling’s thriving nightlife. From the buzzing bars and clubs of the City Centre, to the more traditional real ale and whisky pubs, shopping, cinema and chic coffee houses, Stirling is a place that suits the needs of every social student. Stirling is a place that is alive with people.

Stirling is the most affordable city to live anywhere in the UK*, providing an ideal student environment. The City’s strategic location and transport links provide its residents with easy access to both Glasgow and Edinburgh (less than an hour away) as well as stunning countryside within 10 minutes.

* UNIDAYS 2018
Your award-winning Students’ Union is the beating heart of the University, providing exciting social spaces, support, societies and sports clubs. The Students’ Union is committed to ‘Making Students’ Lives Better’ by offering a range of services, activities and events.

SABBATICAL OFFICERS MEET AND GREET
Meet the students that lead the Students’ Union. They can answer all your questions about life here at Stirling. Come along to the Atrium, Andrew Miller Building, to meet our officers and learn more about student life. From clubs and societies, to our amazing environmental projects, there’s loads to get involved in.

CLUBS AND SOCIETIES
We have over 80 non-sporting clubs and societies. There are societies for political parties and history buffs, art lovers and dramatists, entrepreneurs, language fans and volunteers. If there’s nothing that piques your interest, we can even help you start your own club.

With many of our students coming from overseas, our International Society is a great way for international students to make new friends and find out what it’s like to study at Stirling.

Interested in journalism? Get some valuable work experience – not to mention loads of fun – at our Brig newspaper, Air3 Radio and AirTV societies.

SOCIAL SPACES
The Union is home to three social spaces:
- Studio, which serves food and drink throughout the day
- Venue, our vegan/vegetarian outlet by day and multi-purpose space by night
- Underground, which serves your favourite Starbucks coffees and treats

Located next to the Atrium, the Students’ Union is the perfect place to spend your free time.

GET INVOLVED
Taking part in clubs and societies is one of the best things you can do while at university, and a great way to meet new people, develop new interests and even learn new skills.

SPORTS UNION
The Stirling Sports Union operates more than 50 clubs that compete both locally and nationally. Our football, golf, tennis, swimming, rugby, triathlon and American football teams bring home a huge amount of silverware throughout the year – and they’re always looking for talented students to join their clubs.

There are sports activities for everyone so check out the full range of clubs on offer. stirlingstudentsunion.com/sportsunion #bleedgreen
ARE YOU HUNGRY?

ATRIUM
Stir Café (8am-5pm M-F)
Stir Café offers fresh, high-quality deli sandwiches, soups and salads and a variety of cakes and pastries to complement the great-tasting Fairtrade coffee.

Market Street
(8am-8pm M-F 10am-5pm W/End)
Serving a range of food and snacks from around the world including burgers, wraps and pizzas, plus a range of healthy options.

Haldane’s restaurant (11am-3.00pm M-F)
One of the University’s two main dining areas, Haldane’s offers traditional favourites with a contemporary twist.

STUDENTS’ UNION
Underground (10am-5pm)
Underground is your very own on-campus Starbucks! With all your favourite coffees, frappuccinos, cakes, paninis and more, there is something for everyone.

Studio
(11am-late and food from 11.30am-8.45pm)
Come along and enjoy a great range from our bar and watch the latest sporting action live in HD.

V-Go! (11am-2.30pm M-F)
A full vegan offer including soup, baked potatoes, build your own sandwiches and snacks.

MACROBERT ARTS CENTRE
Café Bar (8.30am-late)
Now serving a range of options from sandwiches to three-course meals.

COTTRELL
The Bite (8am-5pm M-F)
The Bite offers soup, sandwiches, great grab and go hot food pots and coffee.

SPORTS CENTRE
Sports Centre Café
(7am-8pm M-F 7am-5pm W/End)
Serving a range of high-quality food including soups, sandwiches, bagels, wraps, sushi, salads, cakes and muffins.

UMAMI
(9am-5pm M-F)
A taste of Asian street food based in the INTO Building but open to all. Fresh produce, cooked on the spot as you order.

PATHFOOT
Crush Hall Pod (8am-4pm)
The Pod offers Costa Coffee, a selection of sandwiches and hot and cold light lunch options.

WILLOW COURT
Refresh
(8.30am-10pm M-F 8am-10pm W/End)
Our fantastic brasserie, located within Willow Court student accommodation, serves a delicious all day menu in modern, stylish surroundings.

STIRLING COURT HOTEL
(7am-10pm, M-F and W/End)
Join us at the award-winning on-campus Stirling Court Hotel for meals and snacks all day. Open to residents and non-residents for breakfast, you can also grab a coffee in our relaxed bar lounge or conservatory, or enjoy a bar meal or delicious dinner in our Abbey Craig restaurant in the gaze of the National Wallace Monument.

M-F: Monday to Friday
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