You are about to embark on a unique experience…your Flying Start Leadership journey begins here.

Discovering Stirling – Have you discovered our beautiful campus? Working in teams, you will compete to solve cryptic clues which will help you locate all that the University of Stirling has to offer.

Developing Cultural Intelligence – In business, you will encounter people from all walks of life. This interactive workshop encourages discussion between students to explore cultural diversity and its relevance to the Scottish Higher Education system and business relations globally.

Communication Skills – You have a voice, you have opinions, you have a valuable contribution to make. This session will help you understand different ways of communicating and gain the confidence to speak out in a public forum.

Presentation Skills – Learn the Do’s and Don’ts of an excellent PowerPoint presentation using your communication skills to present confidently in public.

Self-Awareness - It's all about me! – You can make better decisions and interact more effectively with others if you are self-aware. This interactive workshop identifies your personal preferences, motivations and behaviours and how they impact on others, and how others preferences, motivations and behaviours affect you.

My Personal Development Plan – Understanding yourself; your strengths and weaknesses, means you can plan for your short, medium, and long-term future. This session provides you with the tools to help you to articulate and action your goals.

The Business Challenge – Can you beat the competition and make the most profit within the allotted time? Working in groups, you will make decisions and perform tasks associated with the running of a manufacturing company.
Understanding Business Metrics – Management decisions are based on how specific data is understood and analysed – you will be introduced to various data types and basic analytical techniques.

Networking Skills – Meeting new people can be nerve-wracking particularly in a business setting; these sessions are designed to give you the confidence to introduce yourself and make conversation with people unfamiliar to you.

Solutions for Business – Managers are faced with a variety of everyday issues – this evening event brings you together with business leaders to tackle and resolve some of these issues.

Team Working – Effective working relationships are essential in business. You will participate in a combination of indoor and outdoor activities, specifically designed to help you understand the importance of working as part of a team.

Team Building – Successful teams consist of people with diverse skills and ways of working, understanding this helps you become an effective team-member and a worthy team leader. This session will help you to understand your classmates better, how you can work effectively together, and how to give positive feedback to your group members.

Let’s Celebrate – The Flying Start Leadership Programme has come to an end. Celebrate your successes with your new friends before your chosen degree programme begins.

Course-specific – Along with Course Induction, Library Skills and Academic Skills, these sessions prepare you for your chosen academic journey at Stirling. You will meet your teaching and administrative team who will guide and prepare you for the year ahead and towards graduation!