WHY STUDY ADULT NURSING?

Adult nursing is both a challenging and rewarding profession. Adult nurses provide compassionate care to adults who experience a range of acute or long-term conditions, promote health and wellbeing and empower individuals to maximise their independence.

Nurses are based within multi-disciplinary teams, working alongside individuals, families and other supportive networks to provide collaborative person-centred care. It is essential that you enjoy working and communicating with people of all ages and backgrounds and that you respect people’s rights, beliefs and values.

An Adult nursing degree from the University of Stirling will prepare you to meet the needs of a modern profession and to provide the best possible patient care. You will leave us as a confident and capable practitioner, fully equipped to join a health care team post-graduation.

REASONS TO CHOOSE THIS COURSE

1 AN AWARD-WINNING NURSING DEGREE
The University of Stirling has won Student Nursing Times Awards in 2012, 2013, 2015, 2016 and 2017.

2 PROFESSIONAL EXCELLENCE
Our nursing course received multiple commendations from the Nursing and Midwifery Council including for our close working relationships between practice partners.

3 GREAT CAREER PROSPECTS
The University of Stirling is ranked 1st in Scotland and 3rd in the UK for graduate employability.

COURSE DETAILS

BSc Nursing (Adult or Mental Health) course extends over three years and the BSc Honours Nursing (Adult or Mental Health) over four years. Each academic year runs over 45 weeks and has an equal balance of theoretical and practice learning. This contemporary and innovative course facilitates the achievement of competencies required for registration in the UK as a nurse within the Adult field of practice. It will help students develop the knowledge, skills, attitudes and values that are essential to deliver safe, compassionate, respectful, ethical and effective care in an evolving and dynamic health and social care environment.

Utilising a blended approach to learning, key subject areas studied include learning to learn, health, social and behavioural sciences, communication, ethics and essential clinical skills. The course will include topics common to all areas of generic nursing and those specific to Adult or Mental Health nursing. This means that some classes will be shared whilst others will concentrate on your chosen field.

Assessments in both theory and practice will be undertaken in each semester. These require to be passed before progressing to the next semester.
PRACTICE LEARNING EXPERIENCES
Practice learning forms an integral aspect of the course. A diverse range of practice placements are available, from community settings and care homes to acute hospital wards and specialist areas. Students may work both day and night shifts to coincide with the patterns of the area and their allocated practice mentor.

STUDENT SUPPORT
Each student is allocated a personal tutor who will be a source of guidance, information and support for the duration of their time on the course. Whilst undertaking practice learning experiences, students are allocated a practice mentor who will facilitate and support learning in practice.

“Studying at the University of Stirling has been the most influential part of my life so far. Undertaking a degree away from home was always going to be hard but I found that studying here in Stirling was like a second home for me. I felt that there was always somebody’s door open to me if I had any problems.

I feel that the University has developed me from a student nurse to a highly skilled nurse. I feel that the academic staff have always been there for me, they have involved me in other activities outside my studying that have inspired the way that I practice forever.”

Ciarán Callaghan
BSc Nursing (Adult) graduate

CAREER OPPORTUNITIES
The University of Stirling is ranked 1st in Scotland and 3rd in the UK for graduate employability with almost 97% of our graduates in employment, or further study, within six months of graduating (Telegraph/HESA, 2016).

This course is the beginning of a career which involves ongoing professional development.

Some of our graduates focus on practice, initially consolidating their learning by working, for example, as a staff nurse in a hospital, community setting or care home, whilst others progress to postgraduate studies.

These experiences can develop a career pathway leading to specialised areas such as palliative care, advanced nurse practitioner or nurse prescriber roles.

ADULT NURSING

MINIMUM REQUIREMENTS
THREE-YEAR DEGREE
UCAS CODE B740
stir.ac.uk/16m
SQA Highers:
BBBB
GCE A-levels:
CCC
IB Diploma:
28
BTEC (Level 3):
MMM

FOUR-YEAR DEGREE
UCAS CODE B750
stir.ac.uk/1ax
SQA Highers:
BBBB
GCE A-levels:
BBC
IB Diploma:
32

OTHER QUALIFICATIONS
Scottish HNC/HND:
Minimum entry:
Bs in graded units
One of Higher/A Level or equivalent in Biology, Chemistry, Physics or Mathematics

ADDITIONAL INFORMATION
General entry requirements apply. Please visit: http://stir.ac.uk/av
Mathematics Standard Grade (3), National 5 (C), Intermediate 2 (C), GCSE (C/4) or equivalent required.

English Standard Grade (3), National 5 (C), GCSE (C/4), or equivalent required.

STUDY ABROAD OPTIONS AVAILABLE
### TYPICAL TIMETABLE

#### Year 1 (SCQF Level 7)

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>Credits</th>
<th>Semester 2</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learning to Learn for Nurses</td>
<td>10</td>
<td>Health Sciences for Nursing</td>
<td>20</td>
</tr>
<tr>
<td>Perspectives of Health and Wellbeing</td>
<td>10</td>
<td>Foundations in Nursing Practice 2</td>
<td>20</td>
</tr>
<tr>
<td>Foundations in Nursing Practice 1</td>
<td>20</td>
<td>Communities of Practice 2 (9 week placement)</td>
<td>20</td>
</tr>
<tr>
<td>Communities of Practice 1 (7 week placement)</td>
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#### Year 2 (SCQF Level 8)

<table>
<thead>
<tr>
<th>Semester 3</th>
<th>Credits</th>
<th>Semester 4</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>Legal and Ethical Issues in Health and Social Care</td>
<td>20</td>
<td>Prioritising People: Promoting Health and Wellbeing</td>
<td>20</td>
</tr>
<tr>
<td>Alterations in Health and Implications for Nursing Care 1</td>
<td>20</td>
<td>Alterations in Health and Implications for Nursing Care 2</td>
<td>20</td>
</tr>
<tr>
<td>Communities of Practice 3 (10 week placement)</td>
<td>20</td>
<td>Communities of Practice 4 (10 week placement)</td>
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</table>

#### Year 3 (SCQF Level 9)

<table>
<thead>
<tr>
<th>Semester 5</th>
<th>Credits</th>
<th>Semester 6</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>Leadership and Management in Health and Social Care</td>
<td>20</td>
<td>Transitions to Professional Practice</td>
<td>20</td>
</tr>
<tr>
<td>Managing Complexity in Nursing Practice 1</td>
<td>20</td>
<td>Managing Complexity in Nursing Practice 2</td>
<td>20</td>
</tr>
<tr>
<td>Communities of Practice 5 (12 week placement)</td>
<td>20</td>
<td>*Communities of Practice 6 (13.6 week placement)</td>
<td>20</td>
</tr>
<tr>
<td>ERASMUS European study abroad placement (3 months) (Honours course only)</td>
<td>20</td>
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#### Year 4 (SCQF Level 10)

<table>
<thead>
<tr>
<th>Semester 7</th>
<th>Credits</th>
<th>Semester 8</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evidence and Policy in Health</td>
<td>20</td>
<td>Honours Dissertation</td>
<td>60</td>
</tr>
<tr>
<td>Personal and Professional Development in Action</td>
<td>20</td>
<td>*Communities of Practice 6 (13.6 week placement)</td>
<td>20</td>
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</tbody>
</table>

*Note:* In Communities of Practice 6 (SHSUCP6) students achieve the final practice OAR “Sign-Off”. For students undertaking the Honours course this will fall in Semester Eight.

### CONTACT

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stir.ac.uk/65

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ARE YOU STIRLING?